

Treatment of your scar is vital!

According to research, if a scar is left untreated it may make other therapeutic interventions less effective or not last as long.

Even though your scar may be many years old this may be the release your body has been searching for.

Often just one or two sessions can produce dramatic changes that you can see and feel!



HOW TO FIND ME



As I am keenly interested in what may lay behind your health problems I have taken additional training in this specialised form of Scar Tissue Work

Contact me now for a consultation.

“Your scars are my concern.”

RELAX REMEDIAL MASSAGE

SCARBOROUGH, WA

0411 422 348

www.relaxremedialmassage.com.au

Medical Disclaimer: If necessary please seek medical advice after speaking with me about MSTR® work.

McLOUGHLIN SCAR TISSUE RELEASE®



IS SCAR
TISSUE
HOLDING YOU
BACK?





WHAT SCARS CAN DO TO US...

Scars may have a huge influence on our presenting problems. They can cause:

- restrictions in the fascia
- reduction in blood and lymph flow
- weaken muscular strength
- reduce the flow of energy
- inhibit joint movement

They may feel and look unpleasant and may even upset us emotionally due to the traumatic events that created them.

Fortunately help is at hand...

McLOUGHLIN SCAR TISSUE RELEASE®

MSTR® is an innovative, pain-free, natural method of helping you with your scars. Gentle, finger-tip pressure is applied to the area to help free the restrictions in the scar. No force is involved and the work is always applied within your tolerance.



REAL LIFE STORIES:

Female aged 50 years old had multiple scars from spinal cervical fusion, thoracic and lumbar vertebrae surgery, lung surgery and C-sections: "I was in awful pain. Today none of my scars hurt any more. It's 1,000 percent better than a year ago."

Female aged 19 years old. Car accident 2017 - 80 miles/hour side-on impact. Seat belt cut into her lower left abdomen but *with no visible scar!* She feels it when she stretches, runs, walks long distances and sometimes at the gym. Client felt tingling on the tough fibrous tissue during the treatment. One week later, after just one treatment, the scar is soft and no longer pulls when performing activities.

Male aged 67 years old. After a triple by-pass 3 years ago he has a scar from neck to base of sternum as well as scars on his legs where veins were removed. After one session of MSTR work he could extend his arms backwards and also lift weights. The scar has almost disappeared. After working on the leg scars he is able to run on the machines at the gym for longer.

McLoughlin Scar Tissue Release® work is suitable for post-surgical scars such as:

- mastectomy, lumpectomy etc
- appendix, gall bladder etc
- hysterectomy, C-section
- joint replacement scars - knee, hip etc

And may be considered for burn scars, trauma wounds, facial scars, muscle tears etc..

MAY BE HELPFUL FOR



PLANTAR FASCIITIS TOO!